

Amelia B. Siders, Ph.D.  
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#### EDUCATION

Ph.D. Clinical Psychology  
California School of Professional Psychology, San Diego  
APA-approved Ph.D. program in Clinical Psychology  
March 2005

M.A. Psychology  
California School of Professional Psychology, San Diego  
December 1994

B.A. Psychology  
University of Michigan, Ann Arbor  
June 1991

#### LICENSURE

Licensed Psychologist- Michigan  
#6301012929

#### AREAS OF EXPERTISE

- ◇ Child and adolescent trauma-informed care (sexual abuse, physical abuse, witness to violence)
- ◇ Psychological and substance use assessment and evaluation of children, adolescents and adults (cognitive and personality)
- ◇ Assessment and treatment of problem sexual behaviors of children and adolescents
- ◇ Caregiver support, education, and advocacy
- ◇ Operational and program support for Children's Advocacy Centers and State Chapters

#### SKILLS

- ◇ Written and oral communication
- ◇ Data and research evaluation
- ◇ Telemental health program implementation
- ◇ Developing customized trainings and resources (virtual and in-person)
- ◇ Presentations and public speaking
- ◇ Evidenced-based treatment and assessment

## PROFESSIONAL EXPERIENCE

### **Founder and CEO | MindWise Insights LLC (June 2025 to Present)**

#### Overview of Duties

- Providing consultation services and specialized trainings, content expertise, research support, and technical assistance to:
  - Children's Advocacy Centers and State Chapters
  - Mental Health and Child Welfare Professionals
  - Attorneys and Investigators
  - Community and Nonprofit Organizations
- Caregiver Advocacy and Support- Helping caregivers navigate mental health, legal, and educational systems for children with emotional, behavioral, substance use, and educational challenges.
- Trail Support- Professional support, research summaries to support cases and insights specifically tailored for attorneys.
- Expert Witness Testimony- Bringing extensive experience in psychology and the CAC field to offer expertise grounded in research, systems thinking, trauma, the CAC model, and psychological assessment. Areas of testimony related to delayed disclosure, behavioral sequelae of trauma and abuse, grooming, and cases involving children with problematic sexual behavior.
- Clinical Supervision-Supervision and consultation for MA level and doctoral level psychologists.

### **Chapter Specialist | Mental Health, Western Regional Children's Advocacy Center, Chadwick Center for Children and Families, Rady Children's Hospital- San Diego (August 2022 to July 2025)**

*WRCACs funding was terminated in April 2025*

#### Overview of Duties

- Managed a portfolio of work to promote utilization of telemental health (TMH) and mental health services at Children's Advocacy Centers through strategies aimed at building chapter capacity to develop statewide TMH networks
- Addressed barriers to TMH implementation at the CAC and clinician level and Managing WRCAC's Telemental Health Resource Center
- Data collection and reporting on trainings and technical assistance
- Designed and delivered trainings and workshop presentations

- Provided intensive technical assistance, which includes coaching and/or mentoring and customized trainings to state chapter leaders, staff, board members and direct service staff
- Served as a content expert on issues related to MDTs, CACs and chapters, including specific content knowledge as needed to manage assigned portfolio of projects
- Developed, create, and deliver resources
- Served on national and regional workgroups related to mental health, data and assessment, and rural CACs.

#### Highlights of Work

- Developed Peer Mentorship Program for therapists that connected experienced providers at CACs with newer or more isolated providers for support
- Developed and launched updated Telemental Health Resource Center on WRCAC's website
- Created telemental health implementation guides and toolkits for chapters
- Established regional and national supports and trainings to address mental health workforce shortages at CACs
- Designed and developed Mental Health in Court Training for the Colorado Chapter which included a mock court case
- Facilitated quarterly national peer consultation forums for mental health providers and victim advocates who serve CACs

#### **Supervising Psychologist (2020 to Present)**

- Providing clinical supervision to Michigan Limited Licensed Psychologists

#### **Private Practice/Consultant (June 2005 to 2023)**

My work in private practice has been limited in the last few years, focusing on consultation and pro-bono therapy clients while working full-time for the Western Regional Children's Advocacy Center.

- Individual and family therapy for behavioral and/or emotional difficulties, developmental disorders, sexual/physical abuse, substance abuse/addiction.
- Psychological Assessments: Provided psychological evaluations and substance use assessments for DHHS in child abuse and neglect cases,

Child and Family Services, Pine Rest Clinic, and the Juvenile Court. May include court testimony.

- Forensic, Psychoeducational, Fitness for Duty, and Pre-employment evaluations.
- Educational seminars for physicians, professionals, and parents
- Consultant on psychological assessment instruments and interpretation of cognitive and personality tests.
- Court testimony- Fact Witness and Expert Witness for Grand Traverse County and Grand Traverse Band of Ottawa and Chippewa Indians
- Parenting Groups for the Department of Human Services targeting severe behavioral and psychiatric disorders in children and adolescents
- Provided counseling and assessment for Juvenile Court participants

**Director of Clinical Practice Development and Education, Children's Advocacy Centers of Michigan, 2855 44<sup>th</sup> St SW Ste 140, Grandville, MI 49418 (October 2019 to August 2022)**

- Research evidence-based assessment, evidence-based practices, evidence-informed practices, and promising practices for use in guidelines, practice development, and training
- Provided clinical consultation and general technical assistance to Children's Advocacy Center (CACs) throughout the state
- Provided onboarding support to new clinicians working at or with CACs
- Provided operational support for clinical internship programs at CACs
- Developed and codified clinical best practices based on the needs of and for use at CACs
- Assisted in the development and review of clinical policies and procedures
- Coordinated evidence-based and evidence-informed trainings and learning collaboratives and led the development training curriculum and materials based on the needs of and for use at CACs
- Provided brief in-service sessions to broaden the skill levels of CAC-based clinicians and develop and facilitate a peer review/support program for CAC-based clinicians
- Facilitated a peer review/support program for CAC-based victim advocates and crisis counselors
- Defined and monitored data related to service outcomes
- Content development and implementation of LMS platform
- Provided research and consultation on CAC-related public policy issues
- Participated in meetings with stakeholders for clinical systems related discussions

- Developed expert content for the Governor's Task Force on Child Abuse and Neglect- Sexual abuse and trauma, Problem sexual behaviors in children

**Program Director and Therapist, Traverse Bay Children's Advocacy Center, 2000 Chartwell Dr. STE 3, Traverse City, MI, 49686 (February 2011 to September 2019)**

- Oversight of Intervention Services and staff
- Conducted Staff Evaluations
- Coordination and supervision of clinical services provided to clientele
- Provided clinical supervision to staff and interns
- Day to Day operation assistance
- Program development: training modules for therapists and interns
- NCA, VOCA, and MDSVPTB, Grant Reporting
- Human Resources support
- Media Relations including radio and television
- NCA Re-accreditation preparation and coordination
- Technology transition support and Collaborate Database Management
- Facilitated communication with agencies, law enforcement, and outside clinical providers to maximize services for clients.
- Individual and family therapy for victims of sexual abuse, physical abuse, and witness to violence and their non-offending family members.
- Court testimony- Fact Witness and Expert Witness for Grant Traverse County, Grand Traverse Band of Ottawa and Chippewa Indians, and Michigan Department of Justice: Delayed Disclosure, PTSD, False Allegations, Behavior Sequelae of Trauma, Grooming Behaviors
- Contracted as an Expert Witness and Litigation Consultant with the U.S. Department of Justice
- Consultant for Trauma Informed Teaching trainings with TCAPS
- Lectures and trainings for agencies and schools
- Consultant on psychological and trauma assessments for prosecuting attorneys
- Member of the Multidisciplinary Team
- Certified Clinical Trauma Professional

**Clinical Director, Fetal Alcohol and Trauma Assessment Clinic, Traverse City, MI. (February 2006 to October 2007)**

- Leader of a volunteer group of clinicians dedicated to the assessment of children and adolescents suspected of having Fetal Alcohol Spectrum Disorders.
- Administration and interpretation of various cognitive and emotional tests. Completion of a comprehensive psychological evaluation.
- Education and Advocacy for the children and parents

**Clinical Therapist/Psychological Assistant. Family Therapy Center of NW Ohio and**

**Carroll M.D. and Kindervater M.D. LLC (April 2001 to September 2005)**

- Individual and family therapy with emphasis on treatment of adults, adolescents, and children aged 3 and up with severe behavioral/emotional difficulties, addiction, and developmental disabilities.
- Completed Substance Abuse Assessments for employers and the court.
- Psychological Assessment with emphasis on ADHD, Learning Disabilities, Developmental Disabilities, and personality assessment under the supervision of Nick Piazza, Ph.D.
- Attended IEP meetings and serve as an advocate for the client, available to teachers and principal for development of behavioral plans. Presentations on specific developmental disabilities for school staff and parents.

**Clinical Director. Focus Healthcare of Ohio, Maumee, Ohio  
(June 2002 to July 2004)**

- Supervised clinical therapists and recreational therapists for a Dual Diagnosis Addiction Treatment Program and the Child/Adolescent Inpatient Unit
- Developed and monitored programming for Inpatient and Partial Hospitalization units
- Completed successful reviews by JCAHO, CMS, and ODADAS
- Served on a weekly clinical-on-call rotation, responsible for reviewing admissions, assessing insurance, and answering any clinical issues by Nursing Staff
- Worked with the Medical Director to coordinate care and facilitate Medical Staff Peer Review
- Conducted weekly chart reviews of open and closed charts to monitor compliance with Joint Commission and Medicare standards, developed policies and procedures
- Presented seminars on Parenting and Addiction Treatment. Trained new staff on Ethics and Therapeutic Boundaries
- Assigned caseloads to therapists, carried a caseload of patients: conducted individual and family sessions and ran a weekly group.
- Led daily Treatment Team meetings for Nursing/Clinical Staff
- Member of following Performance Improvement Teams: Pain Assessment, Assessment of Patients, Safety, and Training

**Clinical Therapist/Psychological Assistant. Focus Healthcare of Ohio, Maumee, Ohio (May 2001 to June 2002)**

- Individual and family therapy with emphasis on treatment of Dual Diagnosis Adults and Children/Adolescents with severe behavioral and emotional difficulties
- Participation in daily treatment team meetings
- Psychological Assessments as ordered by Physicians

**Clinical Therapist/ Director of Testing Services. Behavioral Care Management, Sylvania, Ohio (November 1999 to March 2001) Clinic closed 3/2001**

- Individual and family therapy with emphasis of treatment on adults, adolescents, and children aged 3 and up with severe behavioral/emotional difficulties
- Personality, cognitive, and neuropsychological testing referred to the clinic
- 40 hours per week of clinical contact supervised by Nick Piazza, Ph.D., Clinical Supervisor

**Associate Clinical Psychologist IV. Big Spring State Hospital, Big Spring, Texas (July 1998 to October 1999) Position cut due to budget reduction: 10/1999**

- Team Psychologist for both the Geriatric and Adult Acute Units and participated in daily treatment meetings with medical, nursing, and social work staff
- Director of the Neurocognitive Rehabilitation Program which involved designing and implementing individual and group programs for brain-injured, schizophrenic, and mentally retarded individuals
- Performed personality, cognitive, and neuropsychological testing and risk assessments on psychiatric and forensic populations
- Performed individual cognitive-behavioral, insight-oriented psychotherapy with emphasis on patients with severe personality disorders
- Member of the Behavioral Therapy Committee and the Adolescent Services Quality Improvement Team
- Taught monthly classes on working with adolescents and behavior therapy for New Employee Orientation

**Clinical Coordinator/ Psychological Testing Coordinator. Child and Adolescent Unit, Charter Hospital/API, La Mesa, California (August 1997 to June 1998)**

- Developed and implemented psychology programs on the Child and Adolescent Unit
- Conducted cognitive-behavioral, psycho-educational, activity, and process-oriented groups. Individual and family psychotherapy
- Performed psychological assessments of children, adolescents, and adults
- Participated in daily treatment team meetings with nursing, social work, and medical staff. Parent training.
- Testing Coordinator duties included assigning testing referrals to interns and suggesting appropriate measures to use. Supervision of interns on cognitive and projective assessment. Development of Brief Screening forms to aide psychiatrists in quick and efficient feedback regarding test results.
- 40 hours per week of clinical contact, supervision, and administrative duties

**CLINICAL  
TRAINING**

**Psychology Intern. Charter Hospital/API, La Mesa, California (September 1996 to August 1997)**

Completed 2000 hours at an Inpatient Psychiatric Facility with rotations on the Adult, Adolescent, and Child units.

**Senior Staff Member. Psychoeducational Assessment Services, San Diego, California (January 1994 to April 1997)** Completed comprehensive psychological evaluations under the supervision of Nadeen L. Kaufman, Ed.D. Completed 2000 hours of assessment training.

**Psychology Intern. Children's Hospital Center for Child Protection, San Diego, California (September 1994 to September 1995)** Completed 1000 hours of training. Training, counseling and assessment with victims and perpetrators of sexual and physical abuse.

**Psychology Practicum Student. Catholic Charities School Psychology Program, San Diego, California (September 1993 to July 1994)** Completed 800 hours of training in a school setting.

#### TEACHING EXPERIENCE

**Adjunct Faculty. Yorkville University. Master of Arts in Counseling/Psychology Program (July 2022 to January 2024)**

Graduate level courses including: Assessment, Crisis and Trauma, Practicum

**Adjunct Faculty. Western Michigan University. Master of Arts in Counseling/Psychology Program. (December 2014 to September 2022)**

Graduate level courses including: Causes of Addiction, Recovery Oriented Systems of Care, Tests and Measurement, Research Methods, Co-Occurring Disorders, Group Supervision

**Adjunct Faculty. Spring Arbor University, Gaylord Campus. Master of Arts in Counseling Program. (April 2006 to 2012)**

Graduate level courses include Psychopathology, Practicum and Internship, and The Counselor and Diversity.

Practicum and Internship Liaison for students completing their program

**Graduate Teaching Assistant. California School of Professional Psychology, San Diego, California (September 1995 to May 1998)**

- Taught graduate level courses in Advanced Psychodiagnostic Assessment, Intelligence Assessment, and Projective Personality Assessment.
- Coordinated and taught lab sections, administered and graded exams
- Trained students on the use and administration of various cognitive and projective tests, graded case reports and student presentations, taught some large class lectures.

#### RESEARCH EXPERIENCE



## **Doctoral Dissertation California School of Professional Psychology, San Diego, California**

- Coordinated data collection and performed data analysis including multivariate regression and factor analysis. Preparation of results for publication.

## **Research Assistant (September 1995 to November 1997) Principal Investigator: Alan Kaufman, Ph.D.**

- Helped to develop and pilot additional items for subtests in the Kaufman Assessment Battery for Children (K-ABC)-II. This involved administration of the old and new versions of the subtests to school-aged children, analysis of data, and preparation of the findings for publication.

## **PUBLICATIONS**

Siders, A., Kaufman, A.S., & Reynolds, C. R. (2006) Do practice effects on Wechsler's performance subtests relate to children's general ability, memory, learning ability, or attention? Journal of Applied Neuropsychology.

## **OTHER EDUCATIONAL EXPERIENCE**

### **Evidenced-Based Treatment**

- Alternatives for Families Cognitive Behavioral Therapy (AFCBT) Training (2024)
- Child and Family Traumatic Stress Intervention (CFTSI) Training (2024)
- Basic Training for Eye Movement Desensitization and Reprocessing (EMDR) (March 9-11, 2017)- 50 hours plus consultation calls
- Completed Supervision Requirements for TF-CBT Certification (February 2013)
- Trauma-Focused Cognitive Behavioral Therapy Training (TF-CBT) required for certification (2012) and completed consultation calls

### **Other trainings**

- Safe and Together Institute Core Training- 22 hours (2022)
- Conducting Sexual Abuser Risk of Sexual Abuse to Children Assessments Using the ROSAC- 6 hours (2020)
- Attachment, Self-Regulation, and Competency (ARC) Training-12 hours (2019)
- Certificate Program in Traumatic Stress Studies  
October 2016-June 2017  
The Trauma Center at JRI, founded by Bessel van der Kolk, M.D., is world renowned for their innovative treatment approaches with the broadest

range of individuals impacted by trauma. Trauma Center's state-of-the-art advanced training program in traumatic stress studies, featuring international experts including The New York Times Best Selling author and the leading authority on trauma, Dr. Bessel van der Kolk. Over 70 hours of clinical training and CEUs.

- Certified Clinical Trauma Professional Training (July 2015)-12 hours
- Trauma Incident Reduction training (October 2014)-26 hours
- Darkness to Light Facilitator Training- 7 hours
- Circle of Parents Facilitator Training – 12 hours
- Completed 1 year of reflective supervision for Infant Mental Health
- Trauma Focused- Cognitive Behavioral Therapy- Completed 10 CEs of online introduction to modality
- Other CE workshops including: Psychopharmacology, Dual Diagnosis, Clinical Neuropsychology, Child Neuropsychology, ADHD in Children and Adults, Child Abuse Assessment, Addiction Treatment, Behavioral Disorders in Childhood and Adolescence, Disruptive Behavior Spectrum Disorders, Assessing and Treating Regulatory, Emotional, and Sensory Disorders, Autism Spectrum Disorders, Asperger's Disorder, Dialectical Behavior Therapy, Forensic Interviewing of Children and Adolescents.

#### CONFERENCES AND PRESENTATIONS

- Integrating Emotional Intelligence and Mindfulness to Enhance Team Performance- National Children's Alliance Leadership Conference 2025
- The Advocate and Confidentiality Best Practice- National Children's Alliance Leadership Conference -January 2025
- Engaging with Telemental Health for Child Trauma Treatment: The benefits and importance of having an active telemental health program (co-presenter) American Professional Society on the Abuse of Children - January 2025
- Best Practices in Mental Health Charting for Children's Advocacy Centers- Oregon Child Abuse Solutions Legal Summit-January 2025
- Telemental Health Engagement for CAC Directors- National Children's Alliance's Mental Health Academy-September 2024
- Sleep and Trauma- Presentation with Dr. Alexis Whaley for National Children's Alliance 3rd Annual Seamless Conference-September 2024
- Best Practices in Mental Health Charting for Children's Advocacy Centers for National Children's Alliance 3rd Annual Seamless Conference September 2024
- How Rural and Small CACs are Meeting NCA's Mental Health Standard- National Children's Alliance Leadership Conference 2024
- Culture Reframed and CACs: Working Together to Support Child Victims of Abuse- The Impact of Pornography on Young People: Research, Practice, and Solutions 2024

- From Recruiting to Retaining Remote Therapists-Supporting the Delivery of Telemental Health for Rural CACs (Co-presenter) National Children's Alliance Leadership Conference 2023

Provided by request (Virtual or In-person)

- \* Creating and Environment for Effective Supervision at Children's Advocacy Centers
- \* Best Practices for Information Sharing and Confidentiality for Mental Health Providers and Advocates at CACs
- \* Best Practices Serving Youth with Problem Sexual Behaviors at Children's Advocacy Centers
- \* How Rural and Small CACs are Meeting NCA's Mental Health Standard for National Children's Alliance Leadership Conference 2024
- \* The Intersection of Domestic Violence and Child Abuse
- \* Understanding and Utilizing Mental Health Service as a CAC MDT Member
- \* Importance of Substance Use Assessment for CAC clients
- \* Safety Planning for Victim Advocates in CACs
- \* Trauma Informed Treatment for Substance Use Disorders at CACs
- \* Assessing the Assessment: What Makes a Good Psychological Assessment/Evaluation?
- \* The Mental Health Clinician in Court
- \* Trauma-Informed Partnerships- for Midwest Regional CAC
- \* Measurement Based Assessments at CACs – for Midwest Regional CAC
- \* Understanding Trauma in Child Sexual Abuse- Module development and training for the Michigan Governor's Task Force
- \* Problem Sexual Behaviors in Children and Adolescents- Challenging Myths and Understanding Best Practice in Treatment -Michigan Department of Health and Human Services (DHHS)
- \* Trauma and Substance Use: Towards a Trauma-Informed Recovery Model for Substance Use Disorders
- \* Trauma Informed Foster Care- MSU School of Social Work
- \* De-escalation Training: How to deal with challenging clients- Michigan Department of Health and Human Services
- \* Fostering Recovery with Clients Who Struggle with Substance Use-MSU School of Social Work Training for DHHS
- \* Trauma 101: ACES and Looking Through the Trauma Lens
- \* Fostering Understanding, Safety, and Resilience in Sexually Abused Children
- \* Developing Trauma Informed Partnerships with Schools and other CAC Partners- National 2-part Webinar for Midwest Regional Children's Advocacy Center
- \* Essentials of Psychological Assessment for Family and Criminal Court
- \* Psychological Effects of Child Abuse and Neglect
- \* Evidenced Based Treatment of Trauma
- \* Dealing with Difficult/Challenging Parents Michigan State University-Virtual

- \* Substance Use Disorders in Adolescence (presented to Munson Family Practice Medical Residents)
- \* Dual Diagnosis and Teens
- \* Adult vs. Adolescent Substance Abuse Treatment
- \* Dual Diagnosis and Assessment for the Juvenile Justice Population

#### MEMBERSHIPS

Association for the Treatment and Prevention of Sexual Abuse  
The American Professional Society on the Abuse of Children (APSAC)

#### AFFILIATIONS

National Children's Alliance- Co-chair of the National Children with Problem Sexual Behaviors Workgroup  
National Children's Alliance- Co-chair of the Data Collaborative Workgroup  
Cultured Reframed National Workgroup -Children's Exposure to Pornography (2024-2025)  
Governor's Task Force on Child Abuse and Neglect- Member of the Citizen's Review Panel (CRP) 2020-2022  
National Children's Alliance- Mental Health Standards Revisions Task Force  
Board Member- Michigan Drug Endangered Children Alliance (MDEC) 2019-2022  
Michigan ACES Initiative- Community Champion  
Systems of Care Meetings- Grand Traverse and Leelanau Counties 2015-2019  
Board Member, Membership Chair, Friends of the Traverse Area District Library 2015-2023  
Prevention Committee Member, Traverse Bay Children's Advocacy Center (TBCAC) 2006-2014  
Team Member of Juvenile Drug Court Program, Grand Traverse County 2008-2013